



Ten

Abstract

An editorial on completion of ten years for the journal.

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**Simanta Talukdar¹,
Shyamanta Das², Samrat Singh
Bhandari³, Uddip Talukdar⁴,
Devyani Borkataki⁵**

¹Department of Psychiatry, Gauhati Medical College Hospital, Guwahati, Assam, India, ²Department of Psychiatry, Gauhati Medical College Hospital, Guwahati, Assam, India, ³Department of Psychiatry, Sikkim Manipal Institute of Medical Sciences, Gangtok, Sikkim, India, ⁴Department of Psychiatry, Fakhruddin Ali Ahmed Medical College Hospital, Barpeta, Assam, India, ⁵Editorial Assistant, Open Journal of Psychiatry & Allied Sciences (OJPAS®)

Correspondence: Dr. Shyamanta Das, MD, 10, CK Agarwalla Road, Ambari, Uzan Bazar, Guwahati-781001, Assam, India. dr.shyamantadas@gmail.com

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Greetings from the Open Journal of Psychiatry & Allied Sciences (OJPAS®)!

THE YEAR 2010

What engraves a particular year in mind defying the chaos of constantly changing lane of time? There were many significant events on the year 2010 like the other years. Noting the ten most important ones is a topic that deserves debate. Selection would vary across individuals, communities, interests, workspaces, governments, corporations, and countries. Ranging from official opening of the tallest man made structure Burj Khalifa in Dubai to the end of H1N1 pandemic declared by World Health Organisation or triggering of the Arab Spring, there were numerous remarkable occurrences. Here are our picks:[1]

One

The Burj Khalifa is tallest among all of the man-made structures. It was opened officially in Dubai of the United Arab Emirates.[2] Till this year, it has retained its record.

Two

In cricket, Sachin Tendulkar becomes the first batsman to score a double century in one-day international.[3] Till date,

a total of ten double centuries have been scored in one-day cricket, eight in men's and two in women's.

Three

A functional synthetic genome is created, announced by scientists.[2] It is the first such living cell. A bacterium's "genetic software" was constructed. Later, it was transplanted into a host cell. The creation is described as the first species having computer as parents.[4]

Four

The world was swept by the football World Cup fever. By hosting the Fédération Internationale de Football Association (FIFA) World Cup, South Africa became the first such African nation to do so. Fans from the other side of the globe had sleepless nights to catch up with the actions. Spain was crowned the world champions.[1,5]

Five

"The H1N1 influenza pandemic is over", declared the World Health Organization (WHO).[2] There was return of worldwide flu activity to typical seasonal patterns. Immunity to the virus was developed by many people. Amidst criticism of

WHO exaggerating the pandemic threat under influence from pharmaceutical companies, confirmed 2009 H1N1 deaths reached about 18,500. As many people dying of flu-related causes are not tested, the true number may be much higher.[6]

Six

Delhi of India hosted the 2010 Commonwealth Games.[2] This XIXth edition saw participation from 71 Commonwealth nations and dependencies. It was the first time in India and the second time in Asia that the Games were held.[7]

Seven

The Nobel Peace Prize was awarded to Liu Xiaobo for his struggle for fundamental human rights in China.[1,2]

Eight

Mohamed Bouazizi was a street vendor in Tunisia. He attempted suicide by self-immolation. It triggered the Tunisian Revolution. Later, led to the Arab Spring.[2]

Nine

“Don’t Ask Don’t Tell”; it was a 17-year-old policy. In the United States military, homosexuals were banned from serving openly. President Barack Obama repealed it by signing into law.[3]

The tenth?

Another event of the year 2010, as fleeting and silent as the fluttering of a butterfly’s wings, was the release of the inaugural issue of Dysphrenia. It was an in-house magazine having roots in $7+5=13$, [8] turned journal, and later rechristened to OJPAS®.[9]

With the current July-December 2019, Volume 10 Issue 2 of OJPAS®, we have turned ten. We do not know whether we have stirred up a storm, like the fluttering of the butterfly in one part of the world has the potential to stir up a typhoon half-way across the world, according to chaos theory.

It is time to cherish the struggles that strengthened us over the years. It is time to cast light on our achievements. It is also time to introspect, reflect, and envision yet another decade ahead. But, above all, we are just happy to be ten!

Next year, we will be 11. We should comparatively feel happier next year. But, ‘turning ten’ seems to be the happiest! Naturally, the number ten has its unique significance.

THE TEN

In the decimal number system, ten is the base. For denoting numbers, the most common system is the decimal number system. Humans have ten fingers (digits). That is the reason for the choice of ten, it is believed.[10]

A decade is formed by the collection of ten items (mostly ten years). In religion and philosophy, the Ten Commandments constitute a cornerstone of Judaism and Christianity. In Hinduism, Dashaavathar means the appearance of ten incarnations of Lord Vishnu on the earth. There are ten human Gurus in Sikhism.[10]

In sports and games, ten track and field events form a combined event in athletics, called decathlon. In football, the team’s playmaker usually wears the number ten jersey. “Number 10” has become synonym for the player in that specific role, even without wearing that number. The referee counts to ten in boxing before declaring winner by knockout.[10]

In the Rorschach inkblot test, there are ten official inkblots. There are ten different letters in Snellen chart.[10]

THE STAMP?

As mark of celebrating the ten years of OJPAS®, the first and last authors have come up with an innovative design to commemorate the event (Figure 1).

INFLUENTIAL ARTICLES

Here, we are highlighting the influential articles published in the last ten years with highest number of citations (Table 1).[11]

Moreover, the following articles are included in the PubMed (Table 2):[23]

THE WAY AHEAD...

With the upcoming issues of OJPAS®, we are planning to focus on few less explored territories within the purview of LAMIC (low and middle income countries) perspective:

- Engaging with a larger audience beyond the medical faculty by connecting with related fields like social work, rehabilitation, and rights-based civil society organisations, and accepting contribution based on their experiences.
- Acknowledging the differences among communities within LAMIC, based on historical experiences of socioeconomic and cultural discriminations, and addressing the relevant issues through appropriate research.
- Ensuring inclusiveness in covering issues of different individual and collective identities based on ethnicity, language, gender and sexual orientation.
- Exploring intersectional ties in addressing relevant issues in the forms of collaborative studies and workshops.

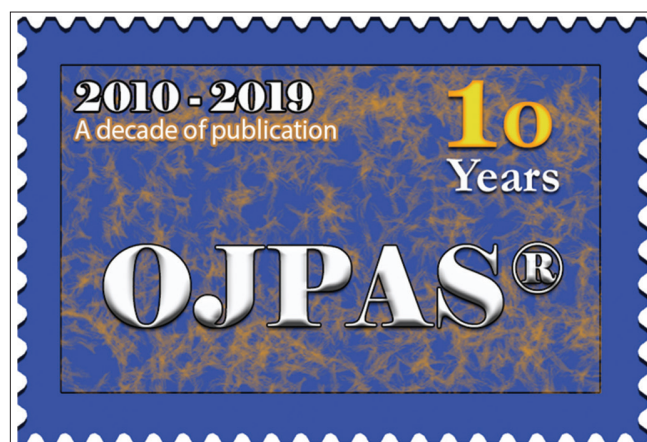


Figure 1: A decade of publication.

Table 1: The influential articles with the highest number of citations[11]

Title of article	Authors	Year of publication	Number of citations
Knowledge and attitude towards mental illness of key informants and general population: a comparative study[12]	Dilip Kumar, Pradeep Kumar, Amool Ranjan Singh, Samrat Singh Bhandari	2012	20
Attitude and response of a rural population regarding person with mental illness[13]	Poreddi Vijayalakshmi, Ramachandra, Nagarajaiah, Konduru Reddemma, Suresh Bada Math	2013	18
A comparative study of care burden and social support among caregivers of persons with schizophrenia and epilepsy[14]	Nilufer Karim, Arif Ali, SP Deuri	2015	14
Serum prolactin level in patients taking olanzapine[15]	Diganta Das, Uddip Talukdar, Syed Javed Salman Chisty, Mantu Kumar Das, Shyamanta Das	2015	14
Subjective well-being and coping among people with schizophrenia and epilepsy[16]	Pradeep Kumar, Dharmender Kumar Nehra, AN Verma	2013	14
A comparative study on behavioural problems in children of alcohol dependent parents[17]	Harsh Raj, Krishan Kumar, Vinod Kumar Sinha, Rajeev Dogra	2012	13
Efficacy of mindfulness-based stress reduction programme in reducing perceived stress and health complaints in patients with coronary heart disease[18]	Dharmender Kumar Nehra, NovRattan Sharma, Pradeep Kumar, Sheetal Nehra	2014	12
Alexithymia and emotional intelligence among people with cannabis dependence and healthy control: a comparative study[19]	Dharmender Kumar Nehra, Pradeep Kumar, Vibha Sharma, Sheetal Nehra	2014	11
Stigma: knowledge of college going students about mental illness and reaction towards the persons with mental illness[20]	Sudeshna Basu Mukherjee, Kamlesh Kumar Sahu, Soma Sahu	2014	10
A study of medication nonadherence in schizophrenia[21]	Susmita Hazarika, Debjit Roy, Shailendra Kumar Talukdar	2013	10
Pattern of alcohol consumption in underage population in an Indian city[22]	Dipesh Bhagabati, Bornali Das, Shyamanta Das	2013	10

Table 2: The article in the PubMed

Title of article	Authors	Year of publication
Policy of the Open Journal of Psychiatry & Allied Sciences (OJPAS®) related to plagiarism[24]	Samrat Singh Bhandari, Shyamanta Das	2019
Reflections on and discussions about 'Luminous Life: A New Model of Humanistic Psychotherapy'[25]	Mythili Hazarika, Partha Choudhury	2019
An exploratory study from eastern India on neurological soft signs and spontaneous movement disorders in schizophrenia spectrum disorders[26]	Shyamanta Das, Samrat Singh Bhandari, Simanta Talukdar, Arunima Dutta, Nabanita Barman, Dipesh Bhagabati	2019
Father and son attachment styles in alcoholic and non-alcoholic families[27]	Mythili Hazarika, Dipesh Bhagabati	2018
Global psychiatry: a LAMIC perspective[28]	Shyamanta Das, Bornali Das, Mythili Hazarika	2017

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